

MURRAY HUMAN
SERVICES

PROGRAM OPTIONS / LINKS

SWAN HILL / KERANG

JULY TO DECEMBER 2008
COURSE OUTLINES

Murray Human Services Inc.
P.O. Box 332, Swan Hill, 3585
Telephone 03 5032 2170
Fax 03 5033 1764

proudly promoting abilities

MURRAY HUMAN SERVICES INC.

Assisted Community Living: If you have an Acquired Brain Injury from an accident, stroke or unknown cause, or you know of someone who has, then it is possible for MHS to provide you with support (if you need it) to access community services, including sport and recreation facilities. Negotiations with funding providers may be necessary

Murray Human Services networks with Headway, the Regional ABI Development Network, Bouverie Family Centre and other ABI specialist services.

Please let us know how we can assist.

In line with Person Centred Plans we have reviewed programs previously offered and made amendments as necessary. Programs such as community awareness and active adventures are now being incorporated into Links. Links is a more flexible form of service delivery focusing specifically on the aspirations, possibilities and abilities expressed by the service user.

Murray Human Services – Program Expenses Payments

A number of programs incur an additional cost to cover entry fees, personal expenses, etc. This payment is required half yearly. Please make your payment arrangements with Sue or Carmel on 5033 1351

Program Locations include:

Swan Hill

Harrods Lane - Telephone 5033 1351

25 Rutherford Street - Telephone 5033 0128

Kerang – Telephone 5033 1351

Contact – Sue Malone (Program Manager) - Telephone 5033 1351

We always welcome people who have the time to be committed volunteers and help within programs; in particular, Links. If you know anybody who is interested, please ask them to contact Sue Malone on 50331351.

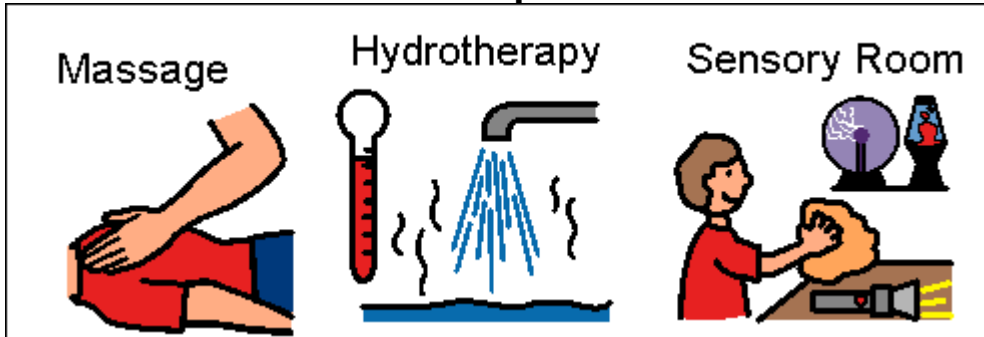
INDEX



PAGE	PROGRAMS
4.	Therapies Information Technology
5.	Art Links - Harrod Lane
6.	Links – Rutherford Street Life Skills
7.	Information Technology Art Links - Harrod Lane
8.	Links - Rutherford Street Therapies
9.	Information Technology Art Links - Harrod Lane
10.	Links - Rutherford Street Life Skills
11.	Information Technology Art Links - Harrod Lane
12.	Links - Rutherford Street Links - Kerang
13.	Information Technology Art
14.	Links – Harrod Lane Links – Rutherford Street

MONDAY – HARRODS LANE

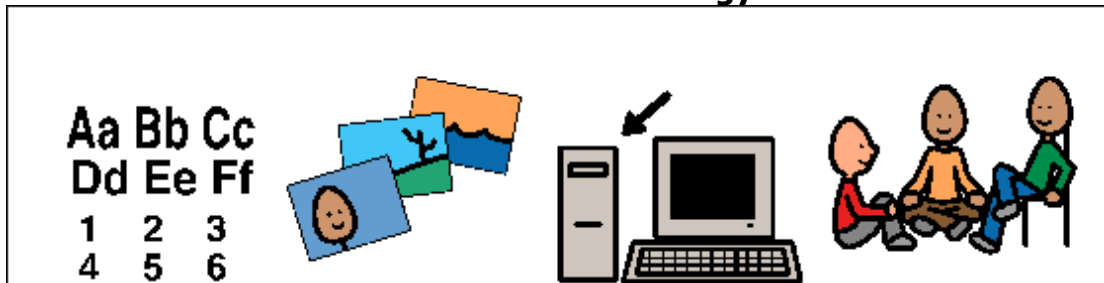
Therapies



This program includes communicating with people by using all five senses in the best combination for the individual. Some types of sensory stimulation will make the person more alert and attentive, whilst others will have a relaxing effect. It provides an opportunity to practise skills, make choices and have fun!

Time - All Day
Cost - \$6.00 (hydrotherapy only)

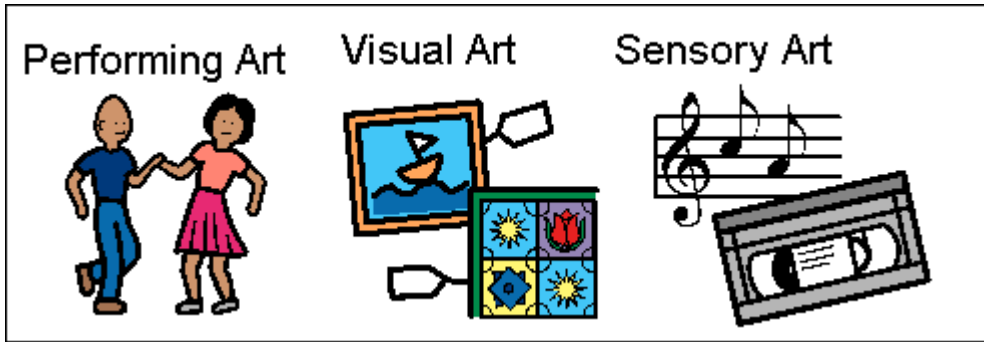
Information Technology



An exciting and varied program which includes developing computer skills and produce the newsletter. In addition there will be a focus on digital photography, numeracy and literacy, advocacy and human relations.

Time - All Day
Cost - \$2.00

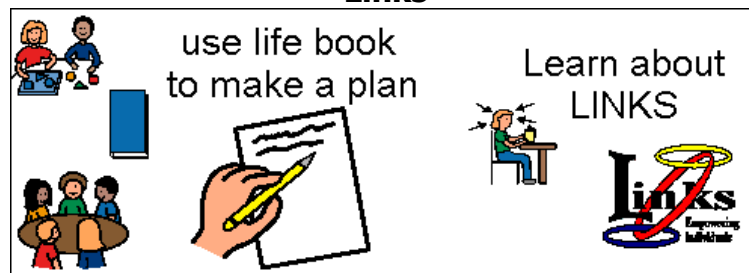
Art



Encouraging choice making, tactile stimulation and creative expression this program involves activities such as visual art, sensory art and performing art.

Time - All Day
Cost - Nil

Links

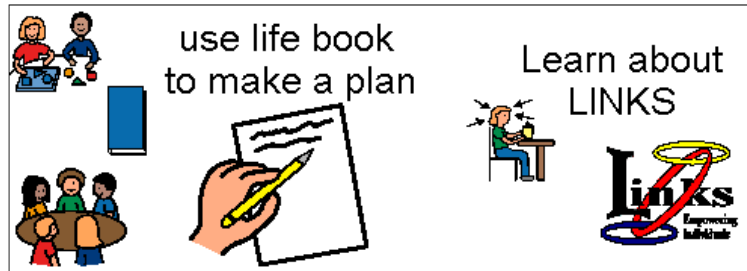


Links is a flexible individualised planning and support program. It is all about linking like minded people together to share a common interest. Links focuses on enhancing the independence, interests, choice and decision making of individuals and entails exposing people to what is available in the community for them to explore and become involved in.

Time - All Day
Cost - Varies

MONDAY – RUTHERFORD STREET

Links

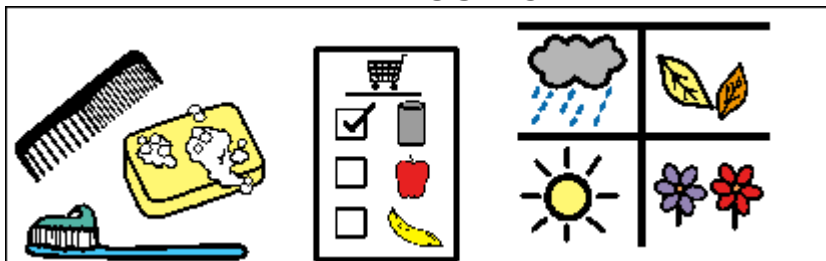


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Time - All Day
Cost - Varies

TUESDAY – HARRODS LANE

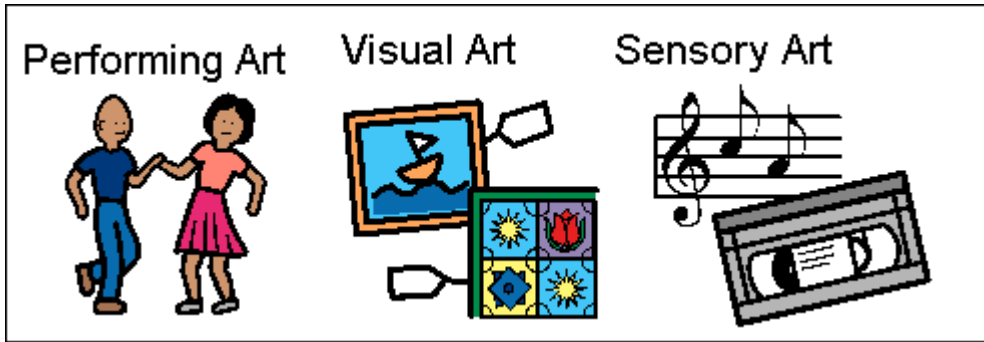
Life Skills



Building on established skills we will focus on increasing awareness of personal hygiene and presentation, as well as appropriate clothing for the seasons, basic shopping skills, budgeting/banking and assisting with chores such as washing dishes, folding washing etc.

Time All Day
Cost \$4.00

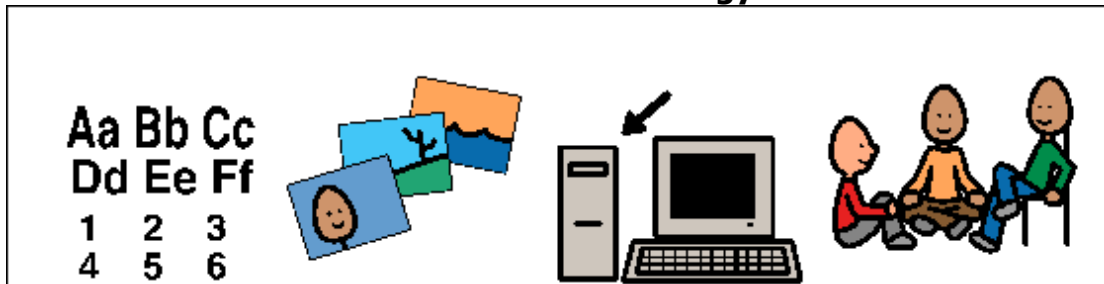
Art



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Time - All Day
 Cost - Nil

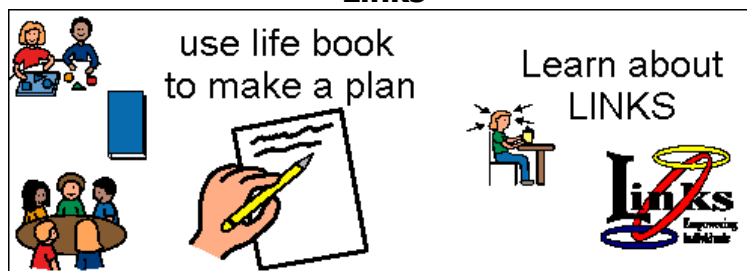
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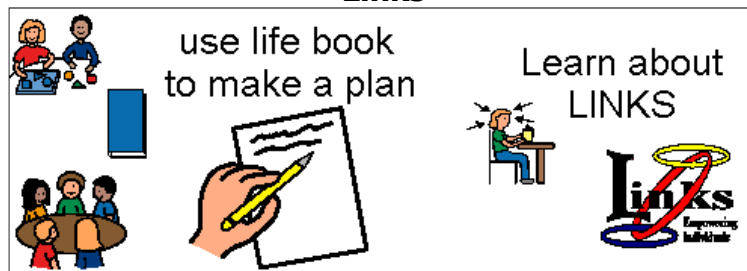


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Links



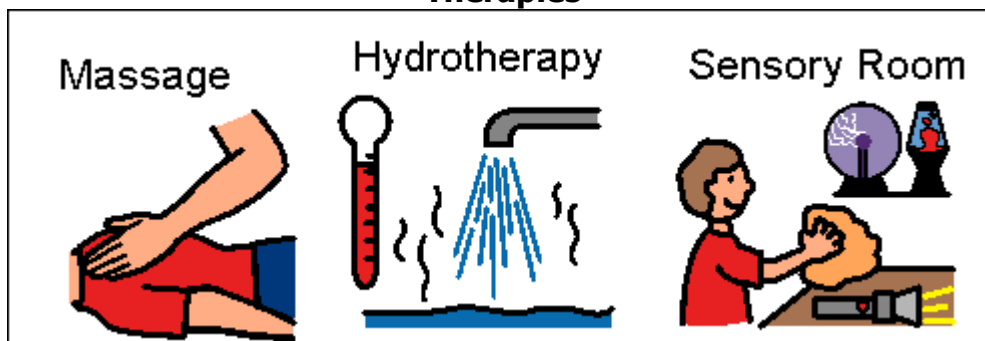
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Time - All Day

Cost - Varies

WEDNESDAY – HARRODS LANE

Therapies

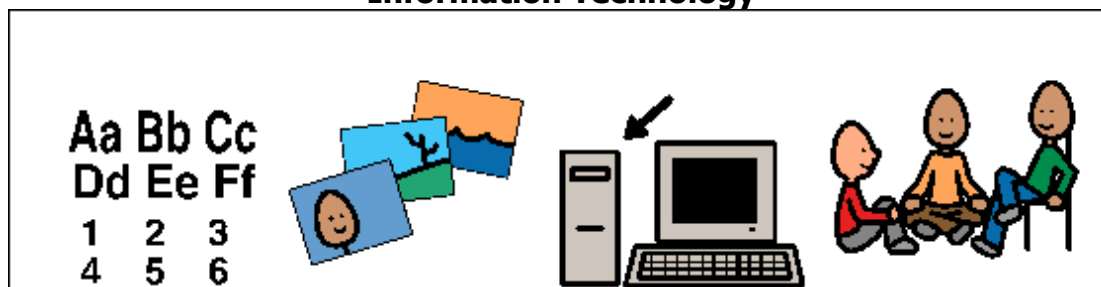


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Information Technology

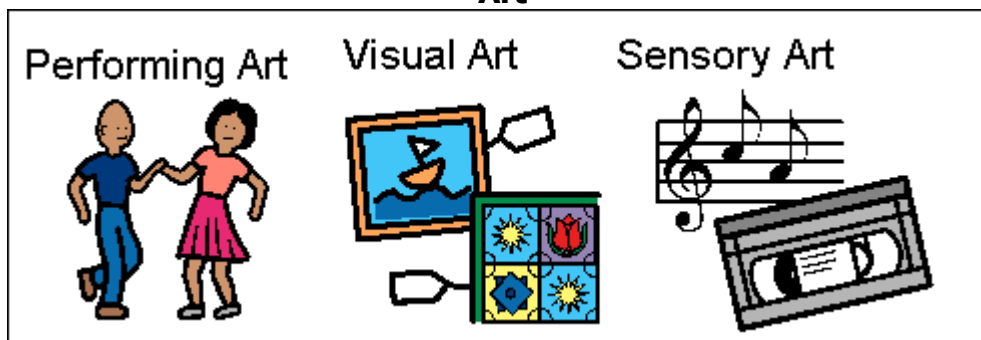


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Time - All Day

Cost - \$2.00

Art

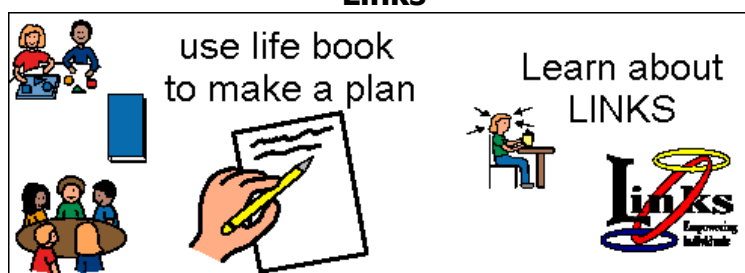


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Time - All Day

Cost - Nil

Links



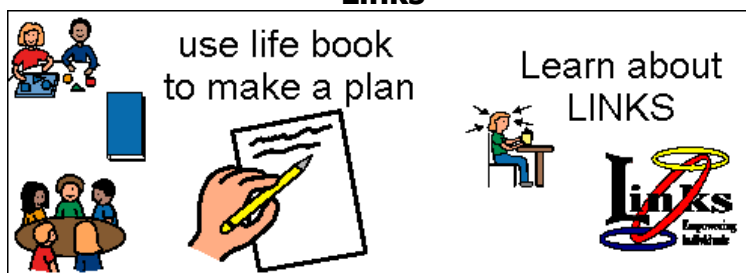
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Cost - Varies

WEDNESDAY – RUTHERFORD STREET

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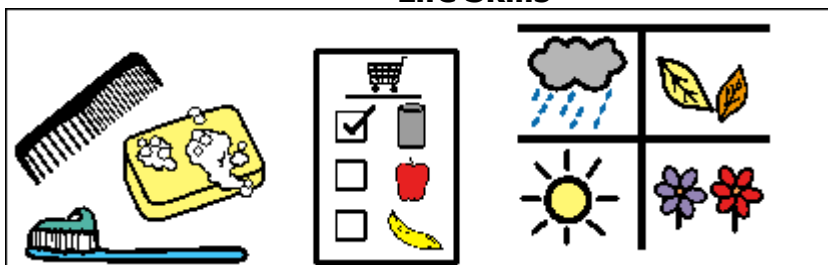
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THURSDAY – HARRODS LANE

Life Skills

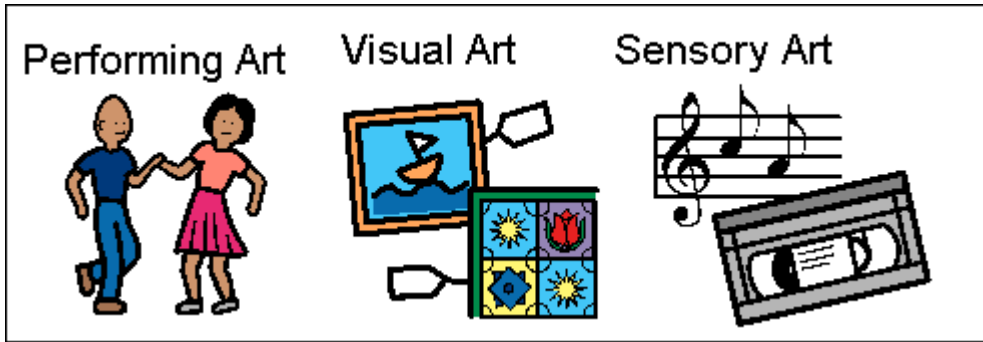


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Time All Day

Cost \$4.00

Art

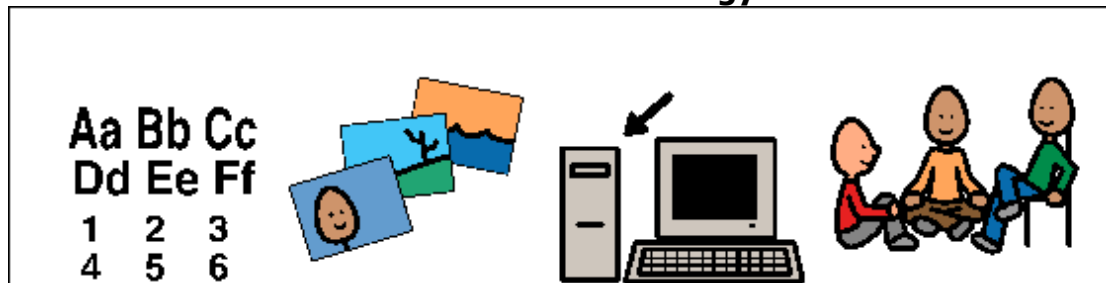


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Time - All Day

Cost - Nil

Information Technology

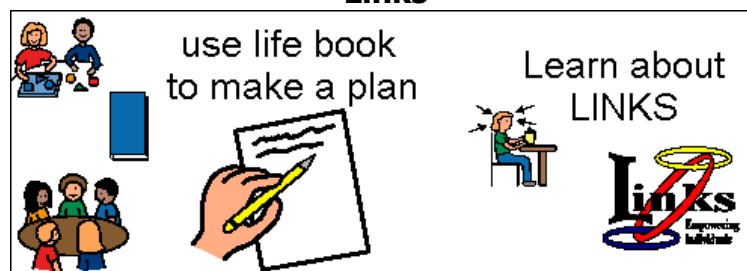


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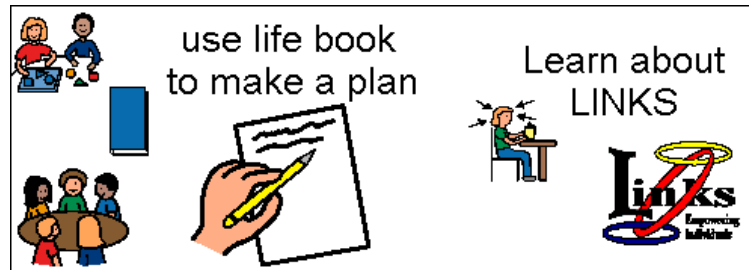
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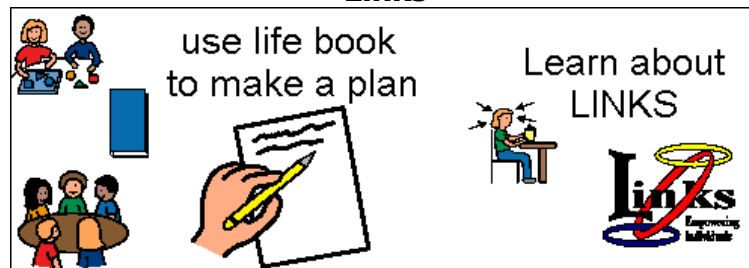


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Cost - Varies

THURSDAY – KERANG

Links

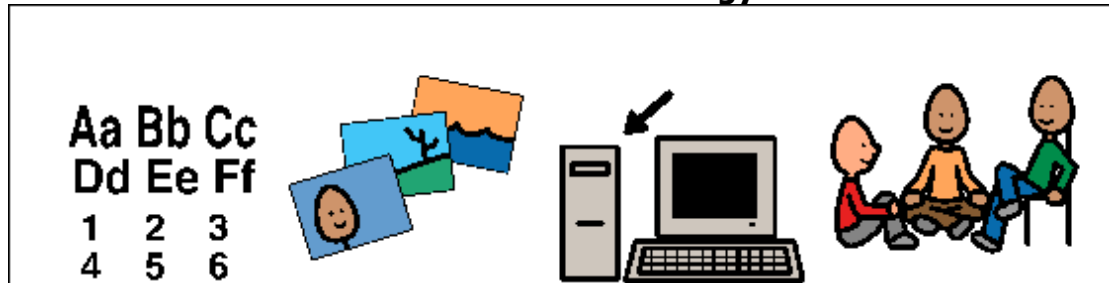


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Time - All Day
Cost - Varies

FRIDAY – HARRODS LANE

Information Technology

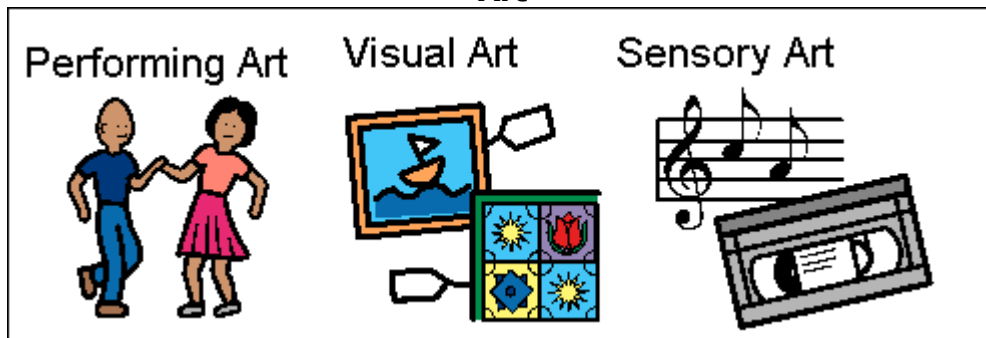


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Cost - \$2.00

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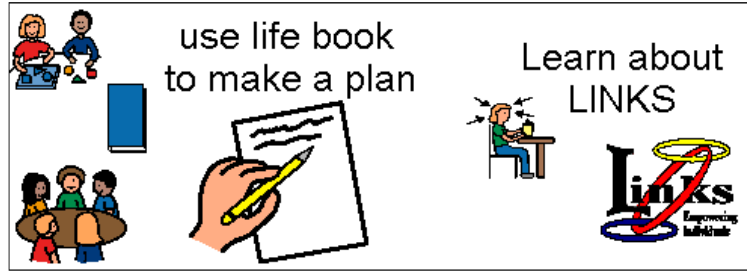


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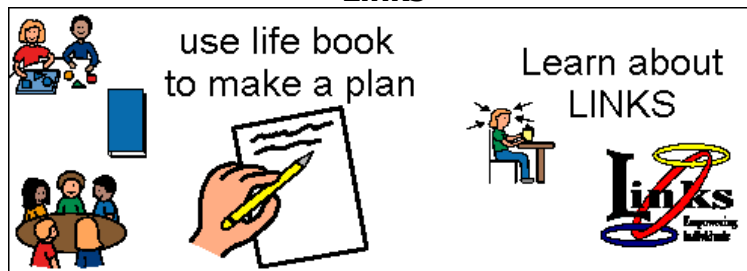


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Time - All Day
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PROGRAM SELECTION FORM - Program Options - Semester 2, 2008

Name:

Circle days of attendance: Mon Tues Wed Thur Fri

Monday 1.....

or 2.....

3.....

Tuesday 1.....

or 2.....

3.....

Wednesday 1.....

or 2.....

3.....

Thursday 1.....

or 2.....

3.....

Friday 1.....

or 2.....

3.....

Please complete your program choice form and return to Program Options staff by **20th June 2008**

Please note that all efforts will be made to fulfill as many of your course preferences as possible. Due to unforeseen circumstances at the time the booklet is handed out, there may be changes or a limited amount of places available in a program that will determine if you are able to get into your program preference.