



Murray Human Services Inc. Training and Education



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CHC40508 Certificate IV in Mental Health (non-clinical)

This qualification covers workers who provide a range of community services focusing on:

- Rehabilitation and support for people affected by mental illness and psychiatric disability
- Implementing community based activities focusing on mental health, mental illness and psychiatric disability, and
- Mental health promotion work.

Work may focus on engaging people with mental illness in community participation, prevention of relapse and promotion of recovery through programs such as residential rehabilitation, work in clinical settings, home based outreach and centre-based programs delivered by community based non-government organisations. This work may also involve supported employment and programmed respite care.

This qualification:

- Defines the knowledge and skills required by support workers and case workers who work autonomously under broad guidance
- Refers to specific knowledge of mental health issues and appropriate intervention processes applied in residential and community based settings.

Occupational titles may include:

- Community rehabilitation and support worker
- Mental health rehabilitation support worker
- Community support worker • Mental health support worker
- Mental health outreach worker

PACKAGING RULES

15 units must be selected for this qualification including:

- 11 compulsory units
- 4 elective units

A wide range of elective units is available and may include:

- Relevant electives listed below the compulsory units for this qualification – these electives have been grouped to facilitate selection
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Community Services and/or Health Training Packages
- Where appropriate, to address workplace requirements, units of competency packaged at this level or higher in other relevant Training Packages

Compulsory units

CHCAOD402A Work effectively in the alcohol and other drugs sector
CHCCS400A Work within a relevant legal and ethical framework
CHCMH401A Work effectively in mental health settings
CHCMH402A Apply understanding of mental health issues and recovery processes
CHCMH403A Establish and maintain communication and relationships to support the recovery process
CHCMH404A Conduct assessment and planning as part of the recovery process
CHCMH405A Work collaboratively to support recovery process
HLTHIR403B Work effectively with culturally diverse clients and co-workers
HLTHIR404B Work effectively with Aboriginal and/or Torres Strait Islander people
HLTOHS300A Contribute to OHS processes

AND one of the following units:

CHCCS514A Recognise and respond to individuals at risk

OR

CHCCS521A Assess and respond to individuals at risk of suicide

ELECTIVES (TO BE FINALISED)**Alcohol and other drugs work**

CHCAOD408A Assess needs of clients with alcohol and/or other drugs issues
CHCAOD409D Provide alcohol and/or other drug withdrawal services
CHCAOD411A Provide interventions for people with alcohol and other drug issues

Addressing complex needs

CHCAOD510A Work effectively with clients with complex alcohol and/or other drug issues
CHCCS401B Facilitate responsible behaviour
CHCCS416A Assess and provide services for clients with complex needs
CHCCS504A Provide services to clients with complex needs
CHCMH408B Provide interventions to meet the needs of consumers with mental health and AOD issues
CHCORG428A Reflect on and improve own professional practice

Work in residential settings

CHCCS305A Assist clients with medication (*Note pre-requisite HLTAP301A*)
CHCCS419B Provide support services to clients
HLTAP301A Recognise healthy body systems in a health care context
HLTCSD306B Respond effectively to difficult or challenging behaviour

Outreach and home based work

CHCAD401D Advocate for clients
CHCCH410A Manage and maintain tenancy agreements and services
CHCCH427A Work effectively with people experiencing or at risk of homelessness
CHCCH427A Work effectively with people experiencing or at risk of homelessness
CHCCH522A Undertake outreach work
CHCCS403B Provide brief intervention

CHCDIS301A Work effectively with people with a disability
CHCDIS410A Facilitate community participation and inclusion
CHCICS406A Support client self-management
CHCICS407A Support positive lifestyle

HLTRAH302A Undertake home visits

Group and community based work

CHCCD402A Develop and provide community education projects
CHCCD404D Develop and implement community programs
CHCCD420A Work to empower Aboriginal and/or Torres Strait Islander communities
CHCCS414A Provide education and support on parenting, health and well being
CHCCS421A Undertake community sector work within own community
CHCICS405A Facilitate groups for individual outcomes
CHCNET404A Facilitate links with other services
CHCPROM401B Share health information
CHCPROM502B Implement health promotion and community intervention
CHCPROM503A Provide community focused promotion and prevention strategies

Working with children, youth and families

CHCCHILD404A Support the rights and safety of children and young people
CHCCS414A Provide education and support on parenting, health and well being
CHCRF402B Provide intervention support to children and families
CHCYTH511A Work effectively with young people and their families

Working with families and carers

CHCCS417A Provide support and care relating to suicide bereavement
CHCCS426A Provide support and care relating to loss and grief
CHCMH409A Facilitate consumer, family and carer participation in the recovery process

Service coordination

CHCCOM403A Use targeted communication skills to build relationships
CHCCS503A Develop, implement and review services and programs to meet client needs
CHCORG406A Supervise work
CHCORG423A Maintain quality service delivery
CHCORG428A Reflect on and improve own professional practice
CHCPOL404A Undertake policy review

First aid

Note: one, two or three first aid units may be required, depending on work role

HLTFA301B Apply first aid
HLTFA302A Provide first aid in remote situation (*Note pre-requisite: HLTFA301B*)
HLTFA402B Apply advanced first aid (*Note pre-requisite: HLTFA301B*)

Administration and organisational support

BSBINM201A Process and maintain workplace information
CHCCH426B Support client participation in the organisation
CHCNET402A Establish and maintain effective networks

CHCORG405C Maintain an effective work environment

Financial literacy education electives

CHCFLE301A Work with clients needing financial literacy education

CHCFLE302A Educate clients in fundamental financial literacy skills

CHCFLE303A Educate clients to understand debt and consumer credit

Settlement work electives

CHCSW401A Work effectively with forced migrants

CHCSW402A Undertake bicultural work with forced migrants in Australia